



**ASSOCIATED GENERAL CONTRACTORS OF UTAH**

*"The Voice of Utah's Construction Future"*

# AGC QUARTERLY BUZZ

January - February - March



## TOP NEWS OF THE QUARTER

**2024 ANNUAL CONVENTION**



This year's convention was bigger and better than ever! Learn about all that took place and our plans for the future.

**REPRESENTING OUR INDUSTRY**

Discover everything that happened on the Hill during this year's legislative session involving our industry.



**ADDRESSING MENTAL HEALTH**



Learn why mental health is at the top of the AGC's agenda this year and what we are doing to address it within our industry.

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# ELEVATE EVERY DAY

## AGC OF UTAH'S 102ND ANNUAL CONVENTION

In January 2024, we hosted our 102nd Annual Convention, marking another milestone in the association's rich history of serving Utah's construction industry. With a theme of elevating ourselves every day, the convention brought together industry leaders and professionals for two days of insightful sessions, networking opportunities, and celebrations.

### ➤➤➤ AWARDS BREAKFAST

Kicking off the convention was the Awards Breakfast, a cherished tradition where the AGC honored outstanding individuals, companies, and projects that have made significant contributions to the construction landscape in Utah. This event was a testament to the talent, dedication, and innovation prevalent in the industry.



**"I GOT TO PLAY IN  
THE SANDBOX  
EVERY DAY"**

- Jeffrey R. Clyde

### ➤➤➤ ERIC W. RYBERG AWARD

The next day at our Rock the Block Celebration we were excited to announce that Jeff Clyde had been honored with our most prestigious award marking a crowning achievement in his illustrious career. This accolade is the highest honor conferred upon a member, recognizing exceptional contributions to the industry. Jeff Clyde's distinguished tenure, highlighted by his leadership roles at Clyde Companies, The AGC of Utah and his extensive service within various industry organizations, represents the legacy encapsulated by the Eric W. Ryberg Award.

Having retired from Clyde Companies in 2020 as President of the Clyde/Geneva Group, Jeff Clyde leaves behind a legacy of excellence and dedication.



**“OUR BIGGEST WINS ARE THE RESULT OF A MULTITUDE OF SMALL VICTORIES COMPOUNDED ON TOP OF EACH OTHER OVER TIME”**

**- Jake Thompson**

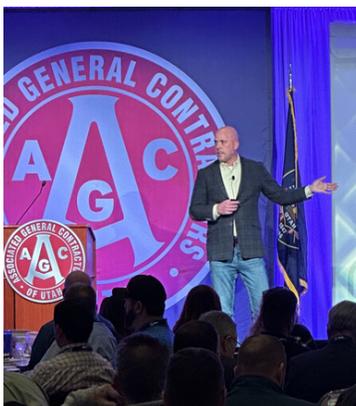


**➤➤➤ KICK-OFF BREAKFAST**

Friday was filled with enriching experiences, starting with the Service/Supplier Expo, providing attendees with access to the latest products, services, and technologies driving the construction sector forward. The morning continued with our Kick-Off Breakfast featuring Jake Thompson's inspiring keynote on the power of competition and collaboration in achieving organizational success.



**➤➤➤ MEMBERSHIP LUNCHEON**



The day continued on with our Membership Luncheon, where Commander Brett W. Holdiman shared invaluable lessons on managing and driving change. Drawing from his extensive experience as a pilot in the US Navy. His address offered valuable perspectives on adaptation and resilience in an ever-changing world.

**1900+**  
**ATTENDEES**

**RECORD BREAKING ATTENDANCE!**

**6**  
**BREAK-OUT SESSIONS**

- STRATEGIC PLANNING
- NETWORKING
- PRESENTATION SKILLS
- EMOTIONAL PROSPERITY
- HIRING
- FRONTLINE LEADERSHIP

# ROCK THE BLOCK DECADE CELEBRATION



## >>> A NOSTALGIC NIGHT TO REMEMBER

The event took attendees on a journey through the iconic music and pop culture of the '70s, '80s and '90s. Our trivia challenge was a hit among everyone there and the night concluded with music and dancing. The event also celebrated the association's legacy of excellence and looked ahead to a bright future as we introduced new association leadership under Slade Opheikens, from R&O Construction, who now serves as Chairman of the Board.



## A CALL TO ADDRESS MENTAL HEALTH IN THE INDUSTRY

During Chairman Opheiken's remarks, he took time to talk about the need to address and provide resources for the mental health crisis that effects our industry and employees.



# THE AGC'S STRATEGIC PLAN

## ➤➤➤ A ROADMAP FOR THE FUTURE

During our annual convention, 2023 Chairman of the Board, Scott Parson, presented the association's new strategic plan to the membership.

This past year the AGC of Utah worked to create a strategic plan to guide the association through the coming years. Under the new plan, the association has an updated and clearly defined vision, mission and values. We want to recognize the hard work and dedication of our AGC Strategic Plan Taskforce — we couldn't have done it without you! The plan was reviewed and approved by The AGC of Utah's Board of Directors.



**ASSOCIATED GENERAL CONTRACTORS OF UTAH**  
"The Voice of Utah's Construction Future"

**Strategic Plan**  
Adopted December 11, 2023

## VISION

The voice of Utah's construction future.

## MISSION

To lead and unite Utah's construction community through advocacy, education and resources.

## VALUES

### Skill

Carrying out our activities with the right knowledge, experience and capabilities.

### Integrity

Living, working and treating others fairly, honorably and honestly.

### Responsibility

Fulfilling commitments and making a safe and positive impact.

# WOMEN IN CONSTRUCTION WEEK



IN 2023,  
WOMEN MADE UP  
**10.8%**  
OF THE  
CONSTRUCTION  
WORKFORCE

## »»» DEVELOPING THE RESOURCES

The AGC of Utah proudly participated in Women in Construction Week alongside the National Association of Women in Construction (NAWIC), highlighting the invaluable contributions of women in the construction industry. As part of this celebration, Joey Gilbert engaged in a meaningful dialogue with women from NAWIC, discussing the latest legislative session and its implications for the construction sector. This exchange provided an opportunity for insightful discussions on key industry issues and underscored AGC's commitment to fostering diversity and inclusion within the construction community.

In addition to legislative discussions, the AGC of Utah hosted a special NAWIC event featuring a presentation from Sydne Jacques on the power of confidence in the workplace. Through collaborative initiatives like Women in Construction Week and partnerships with organizations like NAWIC, AGC of Utah continues to champion diversity, equity, and inclusion, creating a supportive environment where all individuals can thrive and contribute to the advancement of the construction sector.



# 2024 LEGISLATIVE UPDATE

HOW THE AGC OF UTAH REPRESENTED THE INDUSTRY THROUGHOUT THIS YEAR'S SESSION

## ➤➤➤ A RECORD BREAKING YEAR

During the 2024 Utah Legislative session, legislature passed a record-breaking 591 bills. This year Utah leaders passed a record \$29.4 billion budget for fiscal year 2025 which starts July 1st.

The Associated General Contractors (AGC) of Utah proudly embraces its role as "The Voice of Utah's Construction Future." Representing commercial contractors, subcontractors, and service/suppliers statewide is a responsibility that the AGC holds in high regard.

## ➤➤➤ THE VOICE OF UTAH'S CONSTRUCTION FUTURE

Throughout the past year the AGC has been diligently monitoring and actively engaged in nearly 65 pieces of legislation. This commitment to legislative involvement underscores the association's dedication to advocating for policies that promote a vibrant and thriving construction industry in Utah.

This year's legislative session has yielded significant developments with profound implications for the Construction, Architecture, and Engineering (CAE) community. Throughout the session, a record number of bills were passed, addressing a wide range of issues pertinent to our industry.

As we reflect on the outcomes of this legislative session, let us renew our commitment to advancing the interests of the CAE community, driving innovation, and building a brighter future for Utah through collaboration, advocacy, and continued excellence in our respective fields.

**1.2  
BILLION  
IN NEW  
INFRASTRUCTURE  
INVESTMENTS**

**CLICK FOR A LIST OF BILLS OF INTEREST AT THE AGC OF UTAH**





# LEGISLATIVE RECAP & OUTLOOK FOR WORK

This last month, we hosted our annual Legislative Recap & Outlook for Work that was presented by DFCM and UDOT.

## UDOT OUTLOOK

During the UDOT presentation, Carlos Braceras, UDOT's Executive Director, discussed funding for the upcoming year.

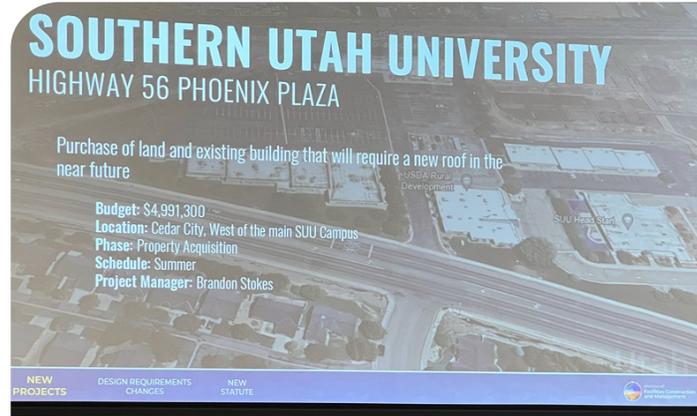
**1.1 BILLION**  
FOR UDOT CAPACITY PROJECTS

**475 MILLION**  
ONE TIME FUNDING

**330 MILLION**  
ONGOING FUNDING

Along with funding, Braceras also went over projects coming down the funnel such as Frontrunner plans, the Olympics and the creation of transportation and highways committees, green transportation, and more.

9 To learn more about what was discussed, click [HERE](#) to view UDOT's presentation.



## DFCM OUTLOOK UTAH FAIRPARK AREA INVESTMENT



One of the major topics of discussion this year with the passing of H.B. 562 is the Utah Fairpark area investment and redevelopment district.

DFCM discussed that this will allow for the creation of the Utah State Fairpark Authority and has an intent to engage in a private Public Partnership with the Miller Company announcing that it will invest at least \$3.5 billion in funding for the project. An additional \$1 billion will be funded by the state.

**OVER 1.5 BILLION**  
IN STATE FUNDED FACILITY PROJECTS

To learn about all the was discussed by DFCM this year, click [HERE](#) to watch their presentation.

# AGC OF UTAH FRONTLINE LEADERSHIP TRAINING

## UNLOCKING POTENTIAL

At the forefront of cultivating leadership within the construction industry, the Associated General Contractors of Utah proudly presents its latest initiative: The Frontline Leadership Class. Launched at the beginning of this year, this program is tailor-made for those recently promoted to leadership roles, aiming to equip them with the essential skills needed for effective team management and success.

Our Frontline Leadership Class isn't just another training program; it's designed to unlock the full potential of your workforce leaders. Spanning over three months, participants will delve into three interactive sessions, each lasting 3½ hours, meticulously crafted to address key aspects of leadership development.

By participating in the Frontline Leadership Class, companies can anticipate a significant boost in productivity and morale, leading to enhanced efficiency and employee satisfaction. An emphasis on reducing turnover rates and increasing retention ensures the development of a stable and motivated workforce.

Investing in your team's success by empowering your frontline leaders

with the knowledge and skills they need to thrive in their roles is not just beneficial—it's essential for staying ahead in today's competitive market.

Don't miss out on this transformative opportunity to elevate your leadership capabilities and drive organizational success. Sign up today and embark on a journey towards unlocking leadership excellence.

## 3 CLASSES

➤➤➤ LEADERSHIP FUNDAMENTALS

➤➤➤ EFFECTIVE COMMUNICATION

➤➤➤ EMOTIONAL INTELLIGENCE & DIFFICULT CONVERSATIONS



[CLICK FOR  
UPCOMING DATES](#)

# ADDRESSING MENTAL HEALTH



**9.4**  
NATIONAL CONSTRUCTION FATALITIES

**162.6**  
DEATHS BY OVERDOSE

**53.3**  
DEATHS BY SUICIDE

THE NUMBERS PER 100,000

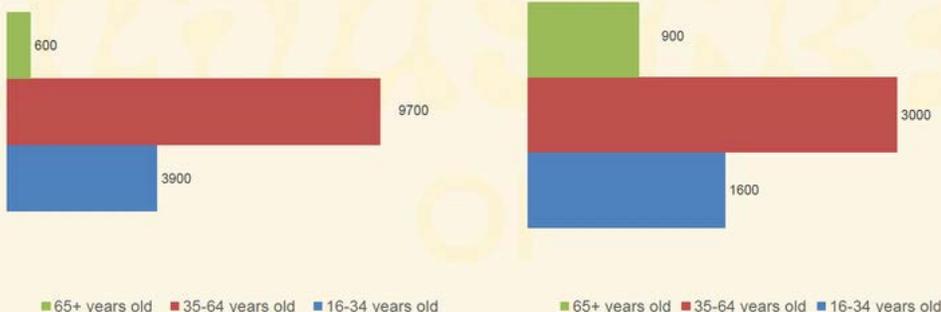
## ➤➤➤ ANSWERING THE CALL

With the Chairman of The Board, Slade Opheikens, expressing his commitment to mental health this year, the AGC of Utah is moving full steam ahead with providing its members with mental health resources for individuals and their companies.

## Construction Worker Deaths (non-injury)

14,200 Overdose Deaths in Construction

5,500 Deaths by Suicide in Construction



The statistics behind mental health within our industry are tough to view. Construction ranks at the top among all industries for the highest suicide rates. In order to protect our workers and their families all while promoting construction as a career choice, mental health issues need to be addressed and cared for within our firms. Be the one to speak up, speak out, ask for help or offer help to someone else. It is ok to not be ok.

# MENTAL HEALTH BY THE NUMBERS

A COMPANY THAT IS MADE UP OF **100** EMPLOYEES WILL HAVE:

**9** Employees 

 **14** Dependents & Family

**That struggle with mental distress and illness**

## Mental Health Conditions

Our line of work involves high levels of stress, long hours, physical demands, and exposure to potentially traumatic events. Ignoring mental health can lead to serious consequences such as higher rates of accidents and injuries, substance abuse, and strained relationships both at work and home. By prioritizing mental health initiatives, employers can create a supportive environment where employees feel comfortable seeking help when needed, fostering resilience, and improving overall job satisfaction. Additionally, supporting the mental health of construction workers benefits their families by promoting healthier relationships, reducing financial strain from medical costs or lost wages due to mental health issues, and ensuring a more stable home environment.

(CALCULATED USING NSC.ORG FOR A COMPANY OF 100 EMPLOYEES)

**DEPRESSION**

**Employees:**

**7**

**Family:**

**9**

**ANXIETY**

**Employees:**

**3**

**Family:**

**5**

**SUICIDAL IDEATION**

**Employees:**

**4**

**Family:**

**7**

**SUBSTANCE USE COMORBIDITY**

**Employees:**

**3**

**Family:**

**3**

# THE FINANCIAL COSTS OF MENTAL HEALTH

CALCULATE YOUR COMPANIES MENTAL HEALTH COST AT NSC.ORG

[CLICK FOR COST](#)

LOST TIME : **\$47,016**

JOB TURNOVER & RE-TRAINING : **\$56,367**

HEALTH CARE : **\$52,244**

(CALCULATED USING NSC.ORG)



A COMPANY THAT IS MADE UP OF **100** EMPLOYEES HAS A MENTAL HEALTH COST OF:

**\$155,627**

(CALCULATED USING NSC.ORG)



FOR EVERY **\$1** invested IN MENTAL HEALTH TREATMENT

THERE IS A **\$4** return IN IMPROVED HEALTH AND PRODUCTIVITY

[LEARN MORE](#)

# BLUEPRINTS FOR BALANCE

## FREE MENTAL HEALTH WEBINARS

THESE WEBINARS ARE ALL ABOUT  
GIVING YOU THE TOOLS TO  
HANDLE WHATEVER LIFE THROWS  
YOUR WAY.

### »»» DEVELOPING THE RESOURCES

This year we are introducing FREE monthly webinars led by Dr. Christy Kane, CMHC, PsyD. Through these webinars, members will gain valuable insights and practical strategies to navigate the complexities of depression, anxiety, relationships and more.

All members are invited and we ask that you encourage all of your employees to attend.



HOSTED ON A THURSDAY OF EVERY MONTH FROM  
11:30 AM - 12:30 PM OVER ZOOM

»»» SAVE THE DATES «««

**APR  
25** Types of Treatment For Mental  
Health Issues

**MAY  
23** Conflict Resolution

**JUN  
27** Divorce

**JUL  
18** Staying Positive in a Negative  
Environment

**AUG  
22** Power of Self-Talk

**SEP  
26** Burnout

**OCT  
24** Social Media with Adults  
& Kids

**NOV  
21** Balancing Finances

**DEC  
19** Dating

[REGISTER HERE](#)

# Q1 NEW MEMBER SPOTLIGHT

JOIN US IN WELCOMING THESE NEW MEMBERS TO THE ASSOCIATION



365 HEALTHPLANS INC

ALL SYSTEMS, LLC

ALTURA BENEFITS

ALPINE FIRE PROTECTION, INC.

ARCHITECTURAL COMPONENTS, INC.

ATRIUM ARCHITECTURE, ENGINEERING & DESIGN

BOARDWALK CUSTOM BUILDERS, INC.

BUILT CONTRACTORS, LLC

CAPITAL PUMP EQUIPMENT

CHRIS TODD CONSTRUCTION INC.

CLIFF JOHNSON EXCAVATING

COMMERCIAL TIRE

CUSTOM MECHANICAL DESIGN

DO RIGHT INSURANCE

DOPPELMAYR USA

FORTIS CONSTRUCTION, INC.

HADLEY ELECTRIC INC

HARMONY PUBLIC INVOLVEMENT

HERITAGE INDUSTRIES

INFINITY POOLS

JACKETTA SWEEPING SERVICE

JACKSON LEROY

KOBALT CONSTRUCTION, INC.

LANDART LANDSCAPE MANAGEMENT

MECHANICAL DESIGN & SERVICE

MESSERLY CONCRETE, LC

ONE DIGITAL

POINTPRO TECHNOLOGY LLC

READY MADE TRUSSES AND BUILDERS' SUPPLY LLC

ROSE BRADLEY HOMES LLC

ROTO-ROOTER PLUMBING & WATER CLEANUP

SEACOAST UNIFORMS

SHAKESPEARE ENTERPRISES

STRONG SOLUTIONS LLC

TEREX ADVANCE MIXER

TOWNSQUARE MEDIA

TRAVIS LARSEN CONSTRUCTION

TRI-CITY CONSTRUCTION, INC

# EVENTS THIS YEAR YOU WON'T WANT TO MISS

AGC of Utah '24

**SAVE  
THE  
DATES**

APR 16	SAFETY CONFERENCE
APR 19	SPRING GOLF TOURNAMENT
APR 20	ATV RIDE
APR 24	DFCM MEET & GREET
MAY 22	SAFETY AWARDS
JUN 7	SUMMER GOLF TOURNAMENT
AUG 23	20TH ANNUAL MOTORCYCLE RIDE
SEP 20	SOUTHERN UTAH SPORTING CLAY SHOOT
SEP 27	AGC TRAPSHOOT EVENT
OCT 3	SOUTHERN UTAH SAFETY CONFERENCE
NOV TBD	ECONOMIC FORECAST
NOV 21	SO. UTAH DFCM MEET & GREET
NOV 22	WINTER GOLF TOURNAMENT

## >>> JOIN US

We encourage all members of the AGC of Utah to attend this year's events, as they offer valuable opportunities for professional growth, networking, and staying on top of industry trends. Our events provide a platform for connecting with peers, industry leaders, and experts, fostering collaboration and knowledge sharing that can lead to new business opportunities and partnerships.

By attending, members expand their professional network, and ultimately contribute to their success and the growth of their businesses. Don't miss out on the chance to elevate your career and make meaningful connections—join us at this year's events and experience the countless benefits firsthand.

[VIEW EVENTS HERE](#)

# THANK YOU

TO ALL OF OUR

# 665

MEMBERS

FOR AN AMAZING FIRST QUARTER